

**SOUPS**

- 31. Long Soup (noodle).....\$5.00
- 32. Short Soup (wonton).....\$5.00
- 33. Sweet Corn chicken .....\$5.00
- 34. Crab meat soup.....\$5.00
- 35. Combination long Soup.....\$14.50
- 36. Combination Short Soup.....\$14.50
- 37. Combination Short & Long Soup.....\$16.00

**DUCK**

- 38. Boneless Duck with choice of sauce .....\$20.00  
(1 sweet & Sour, 2.BBQ ,3.Plum and4. Peking Sauce)
- 39. Steam Duck In Crab Meat Sauce.....\$20.00
- 40. Roast Duck (With Bones).....\$22.00

**LAMB**

- 41. Chilli Lamb.....\$19.00
- 42. Garlic Lamb.....\$19.00
- 43. Lamb with Cashews.....\$19.00
- 44. Lamb with Mushroom.....\$19.00
- 45. Lamb In Oyster Sauce.....\$19.00
- 46. Lamb In Black Bean Sauce.....\$19.00
- 47. Cumin Lamb With Onion & shallot.....\$20.00

**SEAFOOD**

- 48. Garlic Seafood Combination.....\$20.00
- 49. Chilli Seafood Combination.....\$20.00
- 50. Braised Fish With Vegetable.....\$14.50
- 51. Ginger & Shallot Fish.....\$14.50
- 52. Boneless Lemon Fish.....\$14.50
- 53. Sweet & Sour Fish.....\$14.50
- 54. Spicy Salt & Pepper Fish.....\$14.50
- 55. Spicy Salt & Pepper Calamari.....\$15.50



***\$10 Lunch Specials***

All meals come with Fried Rice or Boiled Rice

- 1. Sweet & Sour Pork
- 2. Sweet & Sour Chicken
- 3. Honey Chicken
- 4. Curry Chicken
- 5. Satay Chicken
- 6. Chicken Vegetable
- 7. Chilli Chicken
- 8. Beef In Black Bean Sauce
- 9. Beef Vegetable
- 10. Satay Beef
- 11. Chilli Beef
- 12. Curry Beef
- 13. Lemon Chicken
- 14. Beef In Peking Sauce

Australian meal Lunch Special  
\$10 Fish & Chips  
\$12 seafood Basket w/ chips



**ENTREE**

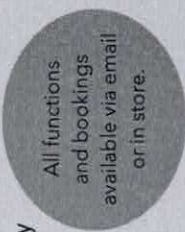
- 13. Home Made Spring Rolls( 4pc ).....\$5.00
- 14. Dim Sim(Fried or Steamed)(4pc).....\$5.00
- 15. Mix Entree.....\$7.00
- 16. King Prawn Cutlets( 4pc ).....\$8.00
- 17. Deep Fried Scallop ( 4pc ).....\$5.00
- 18. Prawn Cocktail.....\$7.00
- 19. Seafood Cocktail.....\$8.00
- 20. Sesame Prawn Toast ( 4pc ).....\$6.00
- 21. Sang Choy Bow ( Served for 2 ).....\$10.00
- 22. Deep Fried Wonton( 6pc).....\$5.00
- 23. Prawn Crackers.....\$3.00
- 24. Plate of Hot Chips.....\$4.00
- 25. Wedges.....\$7.50
- 26. Fish Cocktail (6pc).....\$5.00
- 27. Deep Fried Chinese Style Chicken Finger.....\$8.00
- 28. Calamari Rings(5pc).....\$7.00
- 29. Chicken Wings (6pc).....\$8.00
- 30. Garlic Bread.....\$5.00

**Forbes Sports & Recreation Club**



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Address: 175 Lachlan St, Forbes NSW  
2871

Open Hours: Wednesday - Sunday  
Lunch: 11:30am - 3pm  
Dinner: 5pm-9pm



**CHEF SUGGESTIONS**

- 1. Mongolian Lamb..... \$19.00
- 2. Satay Combination.....\$16.00
- 3. Chicken Chow Mein.....\$14.50
- 4. Chilli Beef..... \$14.50
- 5. Combination Hokkien Noodle..... \$16.00
- 6. Rainbow Beef.....\$16.00
- 7. Honey Pepper Beef..... \$16.00
- 8. Creamy Garlic King Prawn..... \$19.00
- 9. Seafood Combination..... \$20.00
- 10. Combination Duck (Boneless)..... \$20.00
- 11. Crispy Skin Chicken (with Bones).....\$18.00

Dine In or Takeaway both welcome!!





NOODLES



- 120. Singapore Noodle.....\$14.50
- 121. Combination Hokkien Noodle.....\$16.00
- 122. Chicken Chow Mein.....\$14.50
- 123. Beef Chow Mein.....\$14.50
- 124. BBQ Pork Chow Mein .....\$15.50
- 125. Mini Prawn Chow Mein.....\$15.50
- 126. King Prawn Chow Mein.....\$19.00
- 127. Combination Chow Mein.....\$16.00

AUSTRALIAN MEALS



- 128. Fish & Chips.....\$16.00
- 129. Nibbles Platter (Fish Cocktail, Dim Sim, Seafood Stick, chips, mini spring roll).....\$25.00
- 130. Nuggets & Chips (GPC).....\$8.50
- 131. Beef Lasagne & Chips.....\$8.50
- 132. T-Bone with Chips or Salad.....\$24.00
- 133. Rump Steak With Chips Or Salad.....\$24.00
- 134. Lamb Cutlets with Chips or Salad.....\$20.00
- 135. Chicken Schnitzel with Chips Or Salad .....\$16.00
- 136. Surf And Turf With Chips Or Salad .....\$28.00

DESSERTS



- 137. Deep Fried Ice Cream with Choice of Topping \$6.00  
(Chocolate, Caramel, Strawberry)
- 138. Raspberry Cheese Cake.....\$3.50
- 139. Banana Fritter With Ice Cream.....\$7.50

THAI CURRY

- 140. Red Curry Chicken .....\$14.50
- 141. Red Curry Beef.....\$14.50
- 142. Green Curry Chicken .....\$14.50
- 143. Green Curry Beef.....\$14.50
- 144. Red Curry Combination.....\$16.00



KING PRAWNS



- 92. Garlic King Prawn.....\$19.00
- 93. Satay King Prawn.....\$19.00
- 94. Salt & Pepper King Prawn.....\$19.00
- 95. King Prawn With Cashews.....\$19.00
- 96. King Prawn With Mushroom.....\$19.00
- 97. Ginger & Shallot King Prawn.....\$19.00
- 98. Honey King Prawns.....\$19.00

PORK



- 99. Sweet & Sour Pork.....\$14.50
- 100. BBQ Pork In Plum Sauce.....\$15.50
- 101. BBQ Pork In Peking Sauce.....\$15.50
- 102. Pork Ribs In BBQ Sauce.....\$15.50
- 103. Pork Ribs In Plum Sauce.....\$15.50
- 104. Pork Ribs In Peking Sauce.....\$15.50
- 105. Spicy Salt & Pepper Pork Ribs.....\$15.50

RICE & THAI NOODLES



- 106. Curry Mini Prawn And Boiled Rice.....\$15.50
- 107. Curry King Prawn And Boiled Rice.....\$20.00
- 108. Curry Chicken And Boiled Rice.....\$15.50
- 109. Curry Beef With Boiled Rice.....\$15.50
- 110. Curry Combination And Boiled Rice.....\$17.00
- 111. Small Fried Rice.....\$6.50
- 112. Large Fried Rice .....\$7.50
- 113. Small Special Fried Rice.....\$7.50
- 114. Large Special Fried Rice.....\$9.00
- 115. Small Chicken Fried Rice (Spicy) .....\$7.50
- 116. Large Chicken Fried Rice (Spicy).....\$9.00
- 117. Chicken Pad Thai Noodle .....\$18.00
- 118. Beef Pad Thai Noodle.....\$18.00
- 119. Pad Thai Combination.....\$19.00

BEEF



- 56. Chilli Beef.....\$14.50
- 57. Satay Beef.....\$14.50
- 58. Mongolian Beef.....\$14.50
- 59. Cantonese Beef.....\$14.50
- 60. Beef In Black Bean Sauce.....\$14.50
- 61. Beef In Peking Sauce.....\$14.50
- 62. Beef In Plum Sauce.....\$14.50
- 63. Beef In BBQ Sauce.....\$14.50
- 64. Beef With Vegetable.....\$14.50
- 65. Beef With Mushroom.....\$14.50
- 66. Beef With Cashews.....\$14.50

CHICKEN



- 67. Honey Chicken.....\$14.50
- 68. Sweet & Sour Chicken.....\$14.50
- 69. Boneless Lemon Chicken.....\$14.50
- 70. Chicken With Cashews.....\$14.50
- 71. Chicken With Mushrooms.....\$14.50
- 72. Chicken In Oyster Sauce.....\$14.50
- 73. Chicken In Black Bean.....\$14.50
- 74. Chicken In Peking .....\$14.50
- 75. Chicken In Plum Sauce.....\$14.50
- 76. Chicken In BBQ Sauce.....\$14.50
- 77. Ginger & Shallot Chicken.....\$14.50
- 78. Creamy Garlic Chicken.....\$14.50
- 79. Satay Chicken.....\$14.50
- 80. Garlic Chicken.....\$14.50
- 81. Chilli Chicken.....\$14.50
- 82. Mongolian Chicken.....\$14.50

OMELETTE



- 83. Plain Omelette.....\$12.00
- 84. Ham Omelette.....\$14.50
- 85. Vegetable Omelette.....\$12.50
- 86. Chicken Omelette.....\$14.50
- 87. Beef Omelette.....\$14.50
- 88. Mini Prawn Omelette.....\$14.50
- 89. BBQ Pork Omelette.....\$15.50
- 90. King Prawn Omelette.....\$19.00
- 91. Combination Omelette.....\$16.50